

Gymsport Adult Open Gym Waiver

- **Adults must present a valid ID to be copied.**
- We require all participants to prepay. Refunds will be given for hours paid for and not used.
- **No** drinks, gum, or food beyond the lobby.
- **No** outdoor shoes, belt buckles, jewelry or jeans beyond the lobby.
- Please keep shirts on.
- Keep language clean. **No profanity.**
- Share equipment and take your turn.
- One person at a time on any piece of equipment.
- Absolutely no spotting other athletes.
- Stay off the carpeted gymnastics floor.
- **No** outside food.
- **No** competition beams.
- **No** bars.
- **No** spring boards.
- **No** diving head first into the foam pits.
- **No** horseplay, chasing others or throwing of equipment.
- **NO preschool equipment, especially Jungle Gym.**

Two strike rule:

1. Warning to stop.
2. Removal from the facility.

If you have been removed twice, you are banned from the gym for one month.



Name: _____

Email: _____ Please add me to your mailing list!

Phone: _____ Occupation: _____

Birthdate: _____ Age: _____

Important Medical Information: _____

Emergency Contact: _____ Phone: _____

How did you find out about us? _____

Note: We do not share your personal information with anyone. Your email address will be used to send updates about Open Gym (closings, extra days, etc).

Release Statement: Participation in acrobatic activities involves motion, rotation and height in a unique environment. This activity ("releases" herein) carries within a reasonable assumption of risk. Injuries can result from any sport activity. Although most gymnastics related injuries are minor, the potential for serious catastrophic injury and/or death does exist. It is important that all participants appreciate the risk involved, and obey all Gymsport instruction. I have read this release statement and understand that as with any sports activity, there is a reasonable risk when participating in acrobatic activities. I hereby release discharge, covenant not to sue and agree to indemnify and save hold harmless Gymsport LLC from all liability, claims, demands. Losses or damages on my account caused or alleged to have been caused in whole or in part by the negligence of the releases or otherwise.

Signature _____
Date